

TASTING NOTES



[ONE] Restaurant | Okra

Fresh Picks

Here are *FOUR* of the best restaurant openings around the world...

[ONE] RESTAURANT

Having opened within the last year, Chefs Daniel Ryan and Kim Floresca have been slowly but surely making a name for themselves in North Carolina's haute-cuisine scene. Partners in life and in crime, chefs Ryan and Floresca met 10 years ago and travelled as a culinary duo through the kitchens of the finest establishments in the world, including Alnea, Per Se, the French Laundry, Mugaritz, and eBull.

The cuisine at [ONE] reflects Daniel and Kim's travels and training, combined with their passion for fresh ingredients and creativity. Dishes like swordfish belly, brinley farms summer squash, caper relish, celery and potato, and pineapple threads, lime custard and honey grace the menu, with an emphasis on perfect wine pairings and exquisite service.

We've certainly got our eye out for the stars passing through North Carolina.

one-restaurant.com

100 Meadowmont Village Circle, Chapel Hill, North Carolina 27517



L'Anima Cafe

L'ANIMA CAFÉ

L'Anima, the award-winning Italian fine dining restaurant in the heart of the City has just become big sis' to this lovely less formal albeit just-as-delicious second outpost from chef Francesco Mazzei and his team, conveniently situated just a stone's throw away from L'Anima's front door.

L'Anima Café specialises in authentic Italian dishes inspired by Southern Italy, with a strong focus on Sardinian, Sicilian, Calabrian and Puglian cuisine. Star dishes include Pasta Straccio ai Frutti di Mare (Seafood Baked Pasta) and Impepata di Cozze e Vongole (Steamed Cornish Mussels, Clams, Basil Sauce) and there are single dish specialities available from the bar, too, such as Arancini, Polpetta Piccante (Spicy Meatballs) and Crocchette di Melanzane (Aubergine Croquettes).

Be sure to take full advantage of the Italian artisan products on offer for purchase, such as L'Anima Café's quality Italian wines and olive oils.

lanimacafe.co.uk

10 Appold Street, London, EC2A 2AP



Tanya's



TANYA'S

Head to Tanya Maher's new healthy culinary hotspot for the ultimate and utterly delicious detox.

Chelsea's boutique hotel myhotel flung its doors open to this raw food restaurant at the end of July, serving breakfast, lunch, 'after four' cocktails and healthy platters as well as all day cold-pressed juices and raw chocolates from inside this luxurious west London boltholes' beautiful conservatory.

Everything at Tanya's is hand-picked, organically grown, ethically sourced and not to mention raw living and gluten free. So you can appease your inner eco-warrior while befitting your body with beautifying edibles.

If you're not strapped for time, after you've finished your super food cocktail (Greena Colada with gold rum and barley grass and the South Asian Bloody Mary with cold pressed tomato juice and goji infused vodka are two of our favourites) book yourself a night in one of myhotel's newly designed and renovated artist suites. Featuring the Geisha suite, with its bright upholstery and Mandal artwork and the Thai suite – minimalist chic, complete with a not-so-minimalist walk-in wardrobe, steam room and hot tub!

www.TaryasCafe.com

myhotel Chelsea, 35 Loxworth Place, London, SW3 3QX

REFORM SOCIAL & GRILL



Quintessentially British with a heavy slice of sophistication. These are just a few choice words that will spring to mind on entering west London's latest gastro pub, Reform Social & Grill in Marylebone.

Taking inspiration from classic British gentlemen's clubs, Reform Social and Grill has already set itself a reputation as one of the best 'north-of-the-river' grills with its new The Grill menu of seasonal ingredients, all British sourced from small farms, which launched this spring/summer. Based around the Josper oven, this new menu of grilled delights brings the flavours of summer indoors.

For a real 'Reform' experience, go for the chef's favourite 'Land and Sea', combining the Butcher's steak, Beer battered King Prawns and Herefordshire Snails. And, if you're feeling slightly sweet, its Gentleman's Afternoon Tea which it's attracting the hordes for.

reformsocialgrill.co.uk

Mandeville Place, London, W1U 2BE

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